

Sha La La

Choreographed by Max Perry

Description: 32 count, 4 wall, beginner/intermediate west coast swing line dance

Music: Sha La La La (Make Me Happy) by Al Green [CD: Explores Your Mind / Available on L.O.V.E. by Al Green CD: The Definitive Greatest Hits / Available on iTunes

SUGAR PUSH WITH KICK BALL CHANGE

1-2 Step right forward, step left forward

3&4 Step right up to left (3rd position), step left in place, step back

5&6 Step left back, step right next to left, step left forward (coaster step)

You may also dance an "anchor" step instead of the coaster step

7&8 Kick right forward, rock right back with ball of foot, step left in place

¼ PIVOT TURN, CROSSING SHUFFLE, WEAVE LEFT

1-2 Step right forward & turn ¼ left, step left in place

3&4 Cross right in front of left, step left to left side, cross right over left

5-6-7 Step left to left side, cross right behind left, step left to left side

8 Cross right over left

SIDE ROCK, TURNING SAILOR SHUFFLE, FORWARD & BACK ROCK STEPS

1-2 Rock step left to left side, step right in place (recover)

3&4 Cross left behind right, step right in place, step left in place (turn ¼ left over these 3 steps)

5-6 Rock right forward, step left in place (recover)

7-8 Rock right back, step left in place (recover)

½ PIVOT TURN, ¼ PIVOT TURN, SYNCOPATED TOUCHES

1-2 Step right forward & turn ½ left, step left in place

3-4 Step right forward & turn ¼ left, step left in place

5& Touch right forward & across left, step right next to left

6& Touch left forward & across right, step left next to right

7& Touch right forward, step right next to left

8& Touch left forward, step left next to right

REPEAT