

# Be Strong

Choreographed by Audrey Watson

32 count, 4 wall, beginner/intermediate line dance

Music: The Words 'I Love You' by Chris De Burgh

CD, [The Road To Freedom](#)

## **DIAGONAL ROCK, RIGHT LOCK STEP, DIAGONAL ROCK, LEFT LOCK STEP**

1-2 Cross rock right diagonal to the left, rock back on left

3&4 Step forward on right, lock left behind right, step forward on right, (traveling slightly diagonal left)

5-6 Cross rock left diagonal to the right, rock back on right

7&8 Step forward on left, lock right behind left, step forward on left, (traveling slightly diagonal right)

## **FORWARD ROCK, ¾ TURN RIGHT, CROSS SIDE, BEHIND, SIDE, CROSS**

1-2 Rock forward on right, recover back on left

3&4 ¾ triple turn right, stepping right, left, right (9:00)

5-6 Cross left over right, step right to right side

7&8 Cross left behind right, step right to right/side, cross left over right

## **ROCK ¼ TURN, FORWARD SHUFFLE, FULL TURN, MAMBO STEP**

1-2 Rock right out to right/side, turn ¼ left stepping forward on left (6:00)

3&4 Shuffle forward on right, left, right

5-6 Turn ½ right stepping back on left, turn ½ right, stepping forward on right

7&8 Step forward on left, back on right, step left next to right

## **BACK, BACK, ½ TURN SHUFFLE, STEP ¼ PIVOT, CROSS, ½ TURN**

1-2 Slide back on right, slide back on left

3&4 ½ turn right shuffle back stepping, right, left, right, (12:00)

5-6 Step forward on left, pivot ¼ turn, (3:00)

7&8 Cross left over right, turn ¼ left stepping back on right, turn ¼ left stepping left to left side, (9:00)

## **REPEAT**

### **TAG**

*To be added at end of walls 2 (6:00) & 5 (9:00)*

1-2 Cross rock right over left, recover on left

3-4 Rock back on right, recover back on left

## **ENDING**

*You will finish the dance facing wall 9. For a nice finish to the front, replace count 5 with a ¼ turn right by stepping left to left side.*