

# Betty Lou Boogie

Choreographed by Anita McNab

Description: 48 count, 4 wall, beginner/intermediate line dance

Music: Cotton Eyed Joe by Scatman John

Betty Lou's Getting Out Tonight by Bob Seger Against The Wind

RIGHT HEEL FORWARD, HOME, LEFT HEEL FORWARD, HOME, 2 HEEL SPLITS

1-4 Tap right heel forward, step home, tap left heel forward, step home (feet together)

5-8 Both heels out to sides, home, both heels out to sides, home

RIGHT HEEL FORWARD, HOME, LEFT HEEL FORWARD, HOME, 2 HEEL SPLITS

9-12 Tap right heel forward, step home, tap left heel forward, step home (feet together)

13-16 Both heels out to sides, home, both heels out to sides, home

GRAPEVINE RIGHT, TWIST LEFT, RIGHT, LEFT, RIGHT (DO THE TWIST)

17-20 Step side right, left behind, side right, touch left toe forward on angle

21-24 Do the twist, heels going left, right, left, right (weight on right)

GRAPEVINE LEFT, TWIST RIGHT, LEFT, RIGHT (DO THE TWIST)

25-28 Step side left, right behind, side left, touch right toe forward on angle

29-32 Do the twist, going right, left, right, left (weight on left)

ANGLE FORWARD RIGHT, TOUCH LEFT, FORWARD LEFT, TOUCH RIGHT, FORWARD

RIGHT TOUCH LEFT, FORWARD LEFT, TOUCH RIGHT

33-36 Forward right on angle, touch left beside, forward left on angle, touch right beside

37-40 Forward right on angle, touch left beside, forward left on angle, touch right beside

When doing these steps, your knees will point inwards on the touches

WALK BACK RIGHT, LEFT, RIGHT, TOUCH LEFT

41-44 Walk back starting on right, left, right, touch left beside right

GRAPEVINE LEFT (OR ROLLING VINE) WITH A ¼ TURN TO LEFT, TOUCH RIGHT BESIDE LEFT

45-46 Step side left onto left, right behind left

47-48 Step ¼ turn to left, onto left, touch right beside left

REPEAT