

MILK COW BLUES

Milk cow boogie roger brown

Catahula bellamy brothers

Improver plus

64 count

Val reeves

4 wall

(front side front side behind side fwd)

1 4 right toe touch in front left touch to right side

Touch in front left touch right side

5 8 right step behind left left step left right step fwd hold

(front side front side behind side fwd)

9 16 all of above but with left foot

(step turn step hold x2)

17 20 right step fwd pivot turn $\frac{1}{2}$ turn left right step fwd hold

21 24 left step fwd pivot turn $\frac{1}{2}$ turn right left step fwd hold

(toe struts heel fwd and together)

25 28 right toe fwd drop heel left toe fwd drop heel

29 32 right heel fwd back together left heel fwd back together

(step turn step lock step)

33 36 right step fwd hold pivot turn $\frac{1}{2}$ left hold

37 40 right step fwd left step behind right right step fwd scuff left

(step lock step rock and turn)

41 44 left step fwd right step behind left left step fwd scuff right

45 48 right rock fwd rock back on left turning $\frac{1}{4}$ right right step right hold

(rock and step step turn)

49 52 left rock fwd rock back on right left step left hold

53 56 right step fwd hold pivot turn $\frac{1}{2}$ left hold

(wiggle walks x2)

57 60 walk fwd wiggling hips right left right hold

61 64 walk fwd wiggling hips left right left hold

Start again