

OH YEAH

I'm Going To Sit Right Down
and Write Myself a Letter 6/146

32 Ct. Beginner Dance
One Wall

Learning: Fwd Struts, Reverse Struts

(4) Slide R to R bring L tog, R to R and L tog w/touch beside R (*see option)

Slide R to R side, slide L to R, slide R to R and touch L beside R

(4) Slide L to L bring R tog, L to L and R tog w/touch beside L

Slide L to L side, slide R to L, slide L to L and touch R beside L

(8) Toe Heel Struts Fwd(with attitude)

Touch R toe fwd, step down on R heel, touch L toe fwd, step down on L heel
Touch R toe fwd, step down on R heel, touch L toe fwd, step down on L heel

(8) Repeat First 8 Counts

(8) Toe Heel Struts Back (with attitude)

Touch R toe back, step down on R heel, touch L toe back, step down on L heel
Touch R tow back, step down on R heel, touch L toe back, step down on L heel

Note: During 32 ct instrumental , walk or toe/heel strut counter-clockwise in a circle returning to starting position to start dance again.(put hands in air and shake them) For end continue to do the first 8 counts and then all say together the "Oh Yeah" with hands out to sides. Dance through the second instrumental.

***Option:** After beginners learn the dance option to turn 1/4 turn Right on 3rd count of first 4 count sequence

Week #4 Forum
Original choreography
by Pat Newell

Music: I'm Going To Sit Right Down And Write Myself A Letter, Anne Murray, 134 bpm
I'm Going To Sit Right Down And Write Myself A Letter, Billie Williams, 140 bpm