

# Old Bones

Choreographed by Linda Oates

Step sheet written by Jenifer Wolf – [dancewithwolfs@telus.net](mailto:dancewithwolfs@telus.net)

Description: 64 count, 1 wall, beginner line dance

Music: **Old Bones** by George Burns - CD: Young At Heart

## BOX TO RIGHT

1-4 Step right foot to right side, slide left next to right, step back rf, touch left next right

5-8 Step left foot to left side, slide right next to left, step forward lf, touch right next left

9-16 Repeat 1-8 again

## WALK FORWARD AND BACK

17-20 Walk forward right-left-right, touch left foot

21-24 Walk back left-right-left, touch right foot

25-32 Repeat 17-24 again

## VINE RIGHT & LEFT

33-36 Vine right (right-left-right, touch left)

37-40 Vine left (left-right-left, touch right)

41-42 Scuff right foot, step right foot turning right

43-44 Scuff left foot, step left foot turning right

45-46 Scuff right foot, step left foot turning right

47-48 Scuff left foot, step left foot ending facing front

## CIRCLE RIGHT- ENDING FACING FRONT (TURNING A FULL TURN)

49-50 Scuff, step right foot turning right

51-52 Scuff, step left foot turning right

53-54 Scuff, step right foot turning right

55-56 Scuff, step left foot ending facing front

## EXAGGERATED SWAYS RIGHT & LEFT (SHOULDER MOTION)

57-58 Begin in stride position extend right shoulder to right in a sway motion (waist up)

59-60 Move the left shoulder from waist up to the left

61-62 Repeat 57-58 once

63-64 Repeat 59-60 once

## REPEAT

**Note:** from Jenifer Wolf, we do extra sways or side rocks at the end of the repetitions, or as written, simply dance through them, good dance for seniors.

1<sup>st</sup>. repetition – sway once, touch R, start again

2<sup>nd</sup>. sway twice

3<sup>rd</sup> – sway 4 times

4<sup>th</sup> 2 times

End – after the box, touch L. heel out.